



# Treasures of Nature

## Rare Endangered Threatened (RET) Species

An endangered species is a native species that faces a significant risk of extinction in the near future throughout all or a significant portion of its range. Approximately of all plant species in the world are at risk of being endangered or going extinct. Though there are thousands of interesting & unusual plants, here are some common ones which have become rare & endangered species in the past 30 years due to habitat destruction.

Some of the RET species found in Assam are:

*Ilia bernierioides* Reff.  
Family: Orchidaceae

Vernacular name: Harjora-Lata  
Economic importance: It is used as an ornamental plant.

*D. assamica* (King & Prain) Kosterm.  
Vernacular name: Dha - Nahar  
Economic importance: The wood of the tree is highly valued for construction purposes.

*Calamus nemoralis* Benth.  
Family: Arecaceae  
Vernacular name: Horka-Bet  
Economic importance: A high quality of cane used in furniture industry.

*Elaeocarpus serratus* L.  
Vernacular name: Rudrakshin  
Economic importance: The fruit was employed to ward off evil spirits which could be microbial infection.

~ Nisha Jaitka  
3<sup>rd</sup> year Sem 1

## Wild Himalayan cherry

*Prunus cerasoides*, also known as Wild Himalayan cherry and amur cherry. It is a deciduous tree found in East Asia, South Asia and Southeast Asia. It is one of the many 300 species and grows 10m.

The tree grows up to 10m in height from Himalayan Plateau in Central China, S.E. to Southwest China, India and Thailand. It is classified for barkless, fractured base, rounded, narrow, flat and smooth leaves.

~ Nisha Jaitka  
3<sup>rd</sup> year Sem 1

## *Abroma augusta*

Abroma augusta is a species of Abroma. It has dark red flowers with a characteristic appearance. It is widely distributed in Asia. It has previously thought to grow in moist lowland but the most recent studies did not find it. The leaves and stems are eaten after soft boiling leaves which are very suitable to the taste. The bark yields in particular fine. It is used for soapbushes, dried molasses.

~ Anupama Baruah  
B.Sc 2nd Semester

## MAGIC OF ORCHIDS

Orchids are beautiful flowering plant and flower in tropic regions. There are a diverse and widespread variety of flowering plant. There are the most numerous plant alive on the planet with more than 25,000 species. The species of orchid growing orchids are naturally grown in Thailand, Hawaii, India, Malaysia, Mexico, Asia, Japan, South Africa, Australia, New Zealand, United Kingdom, etc.

Orchids are used in anti-cancer which made by their root. The flower has an extract with a magnifying which makes it an excellent source of maintaining strong bones and teeth. It also provides adaptogen and tonic properties.

One of the original properties of orchid is to increase energy. The flower and plant used to provide adaptogen and continue for decreasing the condition of disease and other environmental.

Orchids also enhances the immunity of human to the presence of HIV and AIDS virus. It is present in various countries during World War II, Korea War and Vietnam War. Orchids play a role in enhancing the nature and environment.

~ Disha Baruah  
B.Sc 2nd Semester

## HIMALAYAN BITTER GOURD

*Lagenaria siceraria* of the family Cucurbitaceae, is a large herbaceous climber. It is a annual herbaceous tree. It is mainly distributed in S.E. Asia i.e. South East Asia, Nepal and north east. The plant can survive in extreme condition of the environment in Tibetan plate. This plant has high nutritional and medicinal properties. The plant play as vital role in maintaining of Tibetan community. The dead root used and are widely used as Tibetan medicine to treat fever, diseases and piles. It is also used as a treatment of piles and gastritis/intestinal inflammation. It is also full of cooling potency.

Nishaika Samanta  
B.Sc 2nd Semester

## Inaugurator's Corner

4/10/2018

## FROM THE EDITOR

We represent you 'Treasures of Nature', B.B. Banerjee College official bio Magazine. It captures undervalued useful species of plant kingdom. In general, a lot of these useful species that surrounds us. Therefore, we decided to showcase the importance of these underutilized species.

One of the main aims of 'Babu' is to focus on the importance of those underutilized species and their unique role in pharmacology, aromatherapy, etc. Our 'Treasures of Nature' is the various collection of articles from students of the institution.

We are deeply grateful to all the teachers for their valuable suggestions and also to the students for their helping hand.

~ Nisha Sakti, B.Sc 6<sup>th</sup> Semester

## Wild Plants

### The Importance of Natural Medicine

Need for combating the increasing wild plants are often presented by natural healers or home doctors. Wild plants as medicines has been the earliest possible of traditional system. As mentioned above, 1000 medicinal species are harvested from wild. Pharmaceutical plants cannot approach used for treatment of diseases. About 15% of flowering plants are important for pharmaceutical companies. There is an enormous variety of information to study and culturally important ethnopharmacology - based medicines.

### ETHNOMEDICAL USES OF SOME NORTH EAST INDIAN WILD SPECIES

Scientific Name	Common Name	Uses
<i>Acalypha reflexa</i> (Linn)	(Dihaka Dala)	Used for cough, diarrhoea, dysentery & granular form.
<i>Aconitum concolor</i> (Linn)	(Kandolokha)	Used to reduce fertility.
<i>Aconitum rotundifolium</i> (Linn)	(Kandolokha)	Used to prevent a bite and stings of ants, bees and insects. Stimulates lactation & milk flow.
<i>Aconitum polyphyllum</i> (Linn)	(Kandolokha)	Used for snake bites, pneumonia and to increase milk flow.
<i>Alpinia officinarum</i> (Linn)	(Kapikas)	Used as decoction of root with cold applied around nose to remove and swelling of ear/nose glands for swollen eye.

~ Monisha Samanta (B.Sc 6<sup>th</sup> Semester)

## Giloy (*Tinospora*)

Giloy is a herbaceous dimeropeltate indigenous to tropical region. The stem of Giloy is considered to be antidiabetic.

- Promotes digestion with its antidiabetic action
- Rejuvenates and nourishes the mind and body
- Increases energy and appetite
- Reduces free radicals with its detoxifying properties that eliminate toxins from the liver and kidneys
- Helps to prevent respiratory infections
- Enhances functioning of white blood cells

# ARTICLE OF TRADITION

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## FROM THE EDITOR

Dear Readers,

We represent you "Treasures of Nature", Botany Department, B.B Barooah College official Wall Magazine. It captures some of the undervalued useful species of plant kingdom. We in general are unaware of these useful species that surrounds us. Therefore, we have tried to showcase the importance of these undervalued plant species.

The aim of this annual issue of "Prakriti" is to focus on the importance of these undervalued species and their various roles in the field of ethnomedicine, ornamentation, etc.. Our "Treasures of Nature" contains the various contribution of articles from students of our department.

We are hereby grateful to all the teachers of the department for their valuable suggestions and also thankful to the students for their helping hand.

~Niha Saikia, B.Sc. 6<sup>th</sup> Semester

## Inaugurator's Corner

Surjya Sen  
21/5/2022



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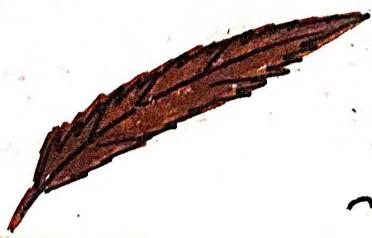
## FROM THE EDITOR

Dear Readers,

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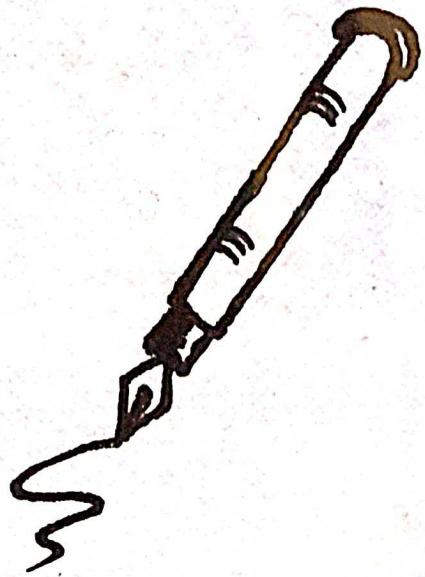
We are hereby grateful to all the teachers of the department for their valuable suggestions and also thankful to the students for their helping hand.



~Niha Saikia, B.Sc. 6<sup>th</sup> Semester

# Inaugurator's Censer

Sr. 17<sup>th</sup>, Nov. 1<sup>st</sup>  
1872



# গোমানী লতা

Mikania micrantha, Asteraceae পরিয়ালৰ গচ্ছ। আদিতে ক্ষেত্ৰ আৰু  
দক্ষিণ আমেৰিকাৰ গচ্ছ আছিল। দ্বিতীয় মহাযুদ্ধৰ পাছত সাধাৰণত বিশ্ববীজ  
অপ্পলত খিপি পৰে। ইংৰাজী নামকৰণ হল "mile-a-minute", Bittervine,  
American rope, Chinese creeper, Climbing hemiparasite, Mikania vine.  
অসমত বিভিন্নত হেৱাৰ বঙাহিনী এনেৰুৰা, দ্বিতীয় শহাসনৰ বঙাহিনী, অসমৰ  
জৈল্য চাউলী ডিঙুগতৰ ফালে, ঘোৰাৰ বাবে আমেৰিকাৰ সৰা দাঁড় আৰদ্ধানি,  
তাৰে তিতৰত আছিল ইয়াৰ নাঁচ, অসমৰ পৰিৱেশ সাই লহসুকে বাঢ়ি আছিল।  
ষাহিজেদে ইয়াৰ নাম বেলো, জামৰী লতা, প্ৰেমজনা, গাহৰি লতা,  
চীমা লতা আদি। বাংলাদেশত আসাম লতা বোলে, নিৰ্দিষ্ট কেশনো নাম নাই।  
অসমৰ বনভূমিৰ প্ৰায় বিশ শতাব্দী জুনি ইয়াৰ বনলত, চাহ বাণিজৰোৱত  
এতো সৱাস্থা হৈ পৰিচ্ছে। দক্ষিণ-আৰতৰ কিছু অফল যেনে - কেৰালা -  
আদি ষাহিতে চৰে-ছাইৰ ধূদ্য হিচাপে ব্যৱহাৰ কৰে যদিও বহুদিন  
ব্যৱহাৰ কৰিলে লিঙোৰ বেয়া হয়। আমুকিৰাৰ কিছু রালুৰা-জাতীয়ে  
কোৱল আৰু শাক হিচাপেও থায়। অতিক্রেটিক্যাল (Antibacterial)  
হৃৎ বাবে অসমৰ অথা উৎৰ-পূৰ্বাঞ্চলত ইয়াৰ কটা-ছিৰোৰ দৰৱ  
হিচাপে ব্যৱহাৰ কৰা হয়। কাৰি-জনজাতীয় লোকসকলে সোক,  
পৰুৱা, বৰল দ্বৈতাদিয়ে বঙাহিনীলৈ দৰৱ হিচাপে ব্যৱহাৰ কৰে।



- পিংৰী বৰ্ণন  
চতুৰ্থ ষাণ্মাসিক

# Rare Endangered Threatened (RET) Species



An endangered species is a native species that faces a significant risk of extinction in the near future throughout all or a significant portion of its range. Approximately of all plant species in the world are at risk of being endangered or going extinct. Though there are thousands of interesting & unusual plants, here are some common plants which have become rare & endangered species in the past 30 years due to habitat destruction.

Some of the RET species found in Assam are:

- *Vanilla borneensis* Roffe

Family: Orchidaceae

Vernacular name: Harjora-lota

Economic importance: It is used as an ornamental plant.

- *Mesua assamica* (King & Prain) Hosterm

Vernacular name: Sia-Nahor

Economic importance: The wood of the plant is highly valued for construction purposes.

- *Calamus nembariensis* Becc.

Family: Arecaceae

Vernacular name: Hooka-bet

Economic importance: A high quality of cane used in furniture industry

- *Elaeocarpus serratus* L.

Vernacular name: Rudraksha

Economic importance: The fruit was employed to ward-off evil spirits which could be microbial infection

~ Niha Saikia

B.Sc 6th Sem.

# Wild Himalayan cherry

Prunus cerasoides, also known as wild Himalayan cherry and sour cherry, is a deciduous cherry tree found in East Asia, South Asia and Southeast Asia. It is of the family Rosaceae and genus Prunus.

Its range extends in the Himalayas from Himachal Pradesh in North-Central India, to southwest China, Burma and Thailand. It is beneficial for backaches, fractured bone, vomiting, asthma, foot and mouth diseases.

— Manisha Paul  
B.Sc 2nd Semester

## Abroma Augusta

Daniel's cotton, is a species of Abroma. It has dark red flowers with a characteristic and unusual appearance. It is widely distributed in Asia. It has previously thought to grow in north Queensland but the most recent survey did not find it. The leaves and stems are covered with soft bristly hairs that are very irritating to the touch. The bark yields a jute like fiber. It is used for sleeplessness, diabetes mellitus

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Anurupa Barma

B.Sc. 2nd Semester

# MAGIC OF ORCHIDS

Orchids are beautiful flowering plant and is grown in tropical regions. These are a diverse and widespread variety of flowering plant. These are the most resilient plant alive on this planet with more than 24,000 species. The species of Orchid are family, orchids are naturally grown in Thailand, Brazil, Hawaii, India, Malaysia, Mexico, Peru, Japan. In India it is grown in Assam, Meghalaya, West Bengal, etc.

Orchids are rich in anti-oxidant which make it ideal for diet. The flowers are rich in calcium and magnesium which makes it an excellent source of maintaining strong bones and teeth. It also prevents Osteoporosis and teeth damage.

One of the magical properties of orchids is to enhance digestion. The fibre and fluid content in orchid flower make it suitable for preventing the condition of diarrhoea, constipation, bowel movements.

Orchids also increases the immunity of human due to the presence of Vitamin C, which made it a pioneer for research during Covid-19 pandemic.

With such amazing benefits orchids play a key role in balancing the nature and organisms.

— Ipsita Sarma  
B.Sc. 6th Semester



Ponytail  
Palm

Palang

# THE DRAGON TREE

An unique plant found in Land of "Blue hills and Red rivers", Assam is Dracaena combodiana. This is a dragon tree species which is found in Assam West Karbi Anglong district. Its unique quality is that the sap turns bright red after coming in contact with air which is why it is also known as blood oozing tree.

The Dracaena genus belonging to the family Asparagaceae is represented by nine species and two varieties in the Himalayan region, the north east and Andaman and Nicobar Islands. But Dracaena combodiana is the only true dragon tree spec .

It is a plant that yields the bright red resin used since ancient times as medicine, body oil, varnish, incense and dye. It is an important medicinal plant as well as an ornamental tree. Several antifungal, antibacterial compounds, antioxidants, flavonoids etc.

have been extracted from various parts of the plant.

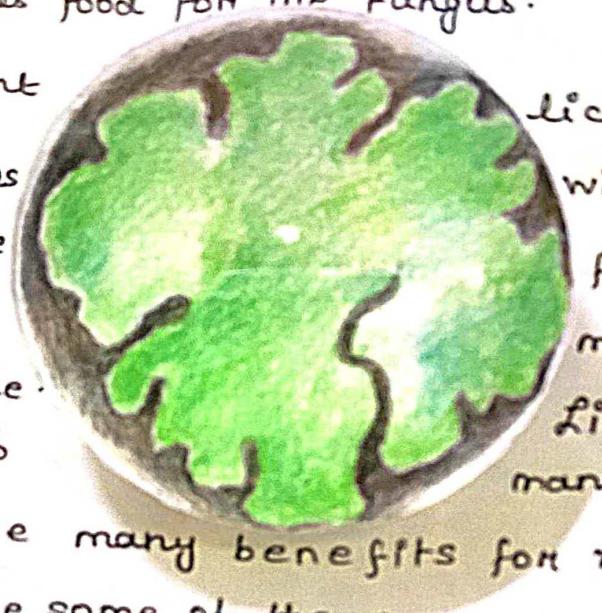
This non-ubiquitous plant should be preserved as it is for the first time reported in India .

— Priyanshu Bhargav  
B.Sc. 4th semester

# Lichen - The little things that matters

Lichens are neither plant nor animal, but rather they are organisms unlike any other on Earth. While most people may think lichens are a type of moss, they are actually a combination of an algae and a fungus. The fungus provides a structure for the algae to live in while, algae provides food for the fungus.

Different different roles where they are key stone in they call home. important to and they have many benefits for nature.



lichen species play within the ecosystem found. Lichens are a many of the places Lichens are ecologically many National parks.

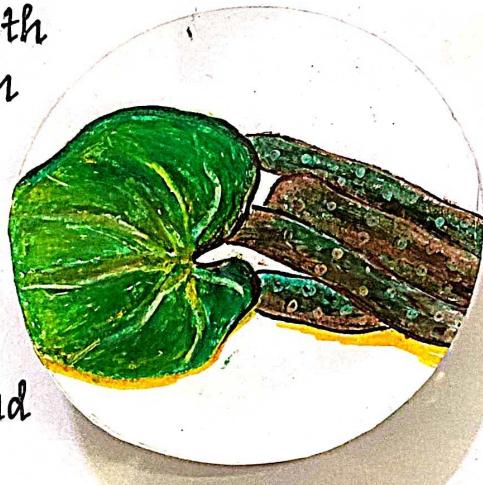
Here are some of the many benefits that lichens give to nature -

- I) They are keystone species in many ecosystems.
- II) They serve as a food source and habitat for many animals such as deer, birds & rodents.
- III) They provide nesting materials for birds.
- IV) They protect trees and rocks from extreme elements such as rain, wind & snow.
- V) They clean environment hence air lowers the risk of respiratory problems like asthma or chronic obstructive pulmonary disease.

# Giloy (*Tinospora cordifolia*)

Giloy is a herbaceous vine of the family Menispermaceae indigenous to tropical regions of the Indian sub-continent. The stem of Giloy is considered highly effective.

- Promotes digestion with its astringent action
- Rejuvenates and nourishes the mind and body
- Increases energy and appetite
- Removes free radicals with its detoxifying properties that eliminate toxins from the liver and kidneys.



- Speeds up the wound-healing process with anti-inflammatory and antimicrobial properties.
- Contains therapeutic properties such as anti-diabetic, anti-spasmodic, anti-arthritis and anti-allergic properties.
- Boosts immunity and metabolism.
- Improves the body's defence mechanism against infections.
- Fights & Prevents respiratory infections.
- Enhances functioning of white blood cells.

Shnuti dasgupta  
6th sem



# Wild Plants

## The Measure of Natural Healers

Need for unlocking the measure: Wild plants are often prescribed by natural healers to cure diseases. Using plants as medicines has been the earliest practice of health care system. As estimated 50,000-70,000 medicinal species are harvested from wild. Ethnomedicinal plants contain phytochemicals used for treatment of diseases. About 1.5% of flowering plants are screened for pharmaceutical compounds. There is an enormous wealth of information on cheap and culturally accepted ethnopharmacology - based remedies.

### ETHNOMEDICAL USES OF SOME NORTH-EAST INDIAN WILD SPECIES

<u>Scientific Name:</u>	<u>Common Name</u>	<u>Uses</u>
① <u>Adhatoda zeylanica</u> Medic. (Bahak leta)		Used for cough, diarrhoea, dysentery & glandular tumours.
② <u>Ageratum conyzoides</u> Linn. (Gondhulabon)		Used in cold & infusions.
③ <u>Alternanthera sessilis</u> R.Br (Matikaduni)		Used in growth of hair and stomach disorders, increase in milk flow.
④ <u>Amaranthus spinosus</u> Linn. (Hatkutoma)		Used for snake bite, gonorrhoea and to increase milk flow.
⑤ <u>Clitoria ternatea</u> Linn. (Apanafita)		Juice of leaves mixed with salt applied around ears in earache and swelling of adjacent glands to relieve pain.

## Plastic

# Degradation Fungi

Use of plastic is considered as great threat to the world's environment as plastic polymers are non-degradable solid waste and produces toxic fumes when it is burnt.

Biodegradation process is the most effective way for plastic degradation due to its eco-friendly nature, non-polluting mechanism and cost effectiveness.

In the process of plastic biodegradation, many fungi play significant roles and acts by secreting some degrading enzymes like lipase, cutinase, proteases etc. Some fungi species which are proven to show effective degradation on plastics are- Aspergillus nidulans, A. flavus, A. oryzae, Penicillium sp. etc.

Some saprotrophic fungi like Pleurotus abalones, P. eryngii, Agaricus bisporus etc. helps in degradation of plastics by growing on them.

Marine fungi also has potential to be important degraders of complex organic matter in the marine realm. Recent studies demonstrated that Zalimion maritimum have the ability to degrade polyethylene.

The increase in plastic pollution has adverse affects on living organisms which can be minimized by use of fungi for biodegradation of plastics.

- Smriti Bora

B.Sc 6<sup>th</sup> Sem

# HIMALAYAN BITTER GOURD

Herpetospermum pedunculosum of the family Cucurbitaceae, is a large herbaceous climber. This is an annual scandent herb. It is mainly distributed in South-east Asia i.e. southwest China, Nepal and north-east India. The plant can survive in extreme condition of the environment in Tibetan plate. This plant has high nutrition value and medicinal properties. The plant play as vital role in the ethnobotany of Tibetan community. The dried ripe seeds of the plant are widely used as Tibetan medicine to treat inflammatory, diseases and piles. It is also used as a drug for the treatment of piles and gastrointestinal inflammation. The plant is also full of cooling potency.



Niharika Samra

B.Sc. 2nd Semester

